

Is your school interested in looking at the forest school approach to child led learning?

Why not sign up for our forest school taster session on Friday 14th June

What are forest schools?

"Forest School is an inspirational process that offers children and young people opportunities to achieve, develop confidence and self-esteem, through hands on learning experiences in a local woodland environment."

National definition: by Forest School (England) Network

Who is forest school for:

Forest school education is for educators that can include teachers, support staff.

We can also extend Inset days to other educational groups.

Schools wishing to develop a new understanding and appreciation for working with children in the outdoors or that work with **all types of child groups including ASD, behaviour problems and those considered a high risk.**

Teachers that want to have a different route for their classroom lessons and branch out into curriculum-based, fun-filled activities.

The forest school approach is a long term programme within a natural space, lead by qualified practitioners. The leaders focus on developing personal, social and emotional life skills through learner led, nature-based learning.

Curriculum Links - Forest schools supports many areas of the Early Years Foundation Stage framework, National Curriculum and the Every Child Matters agenda.

A forest school can be run from your own grounds/gardens/playing fields (where appropriate) allowing the children to become comfortable with an outdoor approach to education and play whilst in familiar surroundings.

The child led ethos of forest schools means that once at the site the children can choose what to participate in, carefully supported and encouraged by trained adults. Possible activities may include:

Hunting for mini beasts, Mud sculptures. Natural crafts - crowns or journey sticks, collages from natural materials, Tree climbing, weaving with long grasses. Shelter building and knots

Imaginative writing, Numeracy Investigations

The ethos of forest schools allows learners the time and space to develop skills, interests and understanding through practical, hands on experiences. It also allows practitioners to step back and observe the children/young people in order to then encourage and inspire individuals to achieve through careful scaffolding and facilitating.

The cost for our forest school taster afternoon:

Applicants are invited to join us at one of our forest school settings in Aldersbrook.

Half day inset can be arranged at your setting for up to 12 people also:

Individual cost: £42.50 + VAT

Inset/group cost (minimum 5 adults up to 12 people attending) £35per person + VAT

To book a place on our taster session or for further details please contact:

Julie Crouch or Dean Gibson on: 020 8989 0210. Email: admin.aldersbrook@redbridge.gov.uk



***See a stick and pick it up, all day long you will have...
a fishing rod, a telescope, a wand, a flute, a walking stick, an inspiration to play.***