

# LE POST DU VENDREDI



**ÊTRE PRÊT, RESPECTUEUX, SAUF;  
CURIEUX, INDÉPENDANT, CONFIANT ET INVESTI**



Students and teachers travelled to Boulogne-sur-mer for the day to practise French and broaden their horizons.

Students in 4T enjoying the ferry crossing.



Our Aldersbrook Primary School pupils were a credit to our community and displayed exemplary behaviour throughout the day.





During their time on the beach children enjoyed searching for shells, spotting crabs, paddling and digging in the golden sands.

Our visit to the Beussent Lachelle chocolate factory was informative and delicious. We learnt how they turn cocoa beans into their tasty chocolate.



A huge thank you to our parent volunteers, our staff team and Mme Eley for their brilliant teamwork on the day!



## Aldersbrook EYFS Lead Wins National Award!

Last Saturday, our very own Aysha Sharif was awarded Middle Leader of the Year at the National Muslim Teacher of the Year Awards. The event, held in London, brought together inspiring educators from across the country to celebrate excellence in education.

We are incredibly proud of Ms Sharif and her team for their dedication and the positive impact they continue to have on our school community. We have always known how brilliant Ms Sharif is, and we are delighted that the judging panel recognised this too



If you haven't yet met Ms Sharif, here are a few lovely insights from our EYFS pupils:

"I like to give her pictures, because she likes it." – Alys (RR)

"I like Miss Sharif because she helps us." – Jude (RR)

"I like playing with her." – Te'Jarni (Nursery)

"Because she is so nice, she plays with us." – Carla (Nursery)

"She is so kind." – Amaia (Nursery)

A wonderful achievement and a truly well-deserved recognition!



## EYFS Highlights: Special Moments This Week

It has been another exciting and engaging week in EYFS, full of curiosity, creativity, and hands-on learning!

### Exploring the Natural World

Te'Jarni has shown a wonderful interest in minibeasts. He often discovers them in the garden and spends time carefully looking after them, showing real curiosity and kindness towards living things.



### Outdoor Learning Fun

What a joy to be in Miss Grima's class this week! The children were spotted enjoying their topic learning outdoors, making the most of the environment while bringing their learning to life.



### Nursery Space Adventure

This half term, our Nursery children have been exploring the exciting topic of space. We had a special visit from some cheeky aliens who love underpants, created our very own space station in the role-play area, and made all the planets in our solar system (including the Sun) to display in the classroom. The children have loved learning about the differences between the planets, while also developing their skills in colour mixing and teamwork along the way.

Ms Gandhi loved visiting Bumblebees to see the solar system hanging so proudly!

Zoom, zoom, zoom... we're ready to go to the Moon! (Watch your back, NASA!)



**This year some of our Year 5 and 4 pupils have been part of a special oracy project titled "Who Are We?"** an exploration of identity through spoken word poetry.

The project aimed to inspire children to reflect on their personal and cultural identities while developing confidence in expressing themselves. Through a series of workshops led by Patrick The Poet, pupils explored how spoken word can be used as a powerful tool for storytelling and self-expression. This week parents joined us for a special performance which was a wonderful culmination of their hard work, creativity and reflection.

We are incredibly proud of all the children involved and are excited that some of them will have the opportunity to perform their work next week at a West End theatre in Soho. We would also like to thank Eastside, a leading youth arts organisation, for their support in delivering this inspiring project.



**Yesterday, year 4 had a visit from Chris, a climate scientist, who taught us all about climate change and how to slow it down.**

Did you know that both trees and soil are amazing at capturing carbon? Trees and plants absorb carbon dioxide (a bad gas) and produce oxygen which we need to breath. When cows burp, they release methane, a greenhouse gas which contributes to climate change. Luckily, trees and soil can store carbon. Did you know wood is stored carbon? When we chop trees down, we release more carbon but if a tree decays naturally, it releases significantly less carbon.

If we plant more trees, we can help slow climate change which is good for the earth.



From time to time, senior leaders step out of school to take part in important meetings with colleagues across the borough and wider community. These opportunities help us stay up to date, strengthen partnerships, and continue improving the quality of education for all children.

This week, Ms Gandhi joined other primary headteachers across Redbridge to meet the new Director of Education and SEND.



The meeting focused on future plans to improve education across the borough, with particular attention to supporting children with additional needs (SEND), Relationships, Sex and Health Education (RSHE), and wider priorities for school development and wellbeing.

We will continue to use these opportunities to ensure our school remains well-connected and informed, and that we are always working to provide the best possible experience for our pupils.

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**Applications are open to join the Royal Ballet and Opera’s Youth Opera Programmes.**

RBO are inviting young singers aged 8–11 (on 1 September 2026), to apply to join our Young Voices programme and Youth Opera Company this September. Applications close at midnight on Sunday 10 May.

Both programmes are free and offer an exciting opportunity for young people to develop their singing, performance skills, and confidence.

**Young Voices (Ages 8-9)**

A six-month singing training programme developing vocal skills and musical understanding, with performance opportunities in showcases at the Royal Opera House.

**Youth Opera Company (ages 9–11)**

A multi-year programme offering all-round training in the performing arts. Members develop vocal technique, language, stagecraft, musical literacy and creative skills. They also have opportunities to create and perform their own new operas, and to audition for the Children’s Chorus, who perform in productions on the Royal Opera House main stage.

**Schedule and location**

Sessions take place on Saturdays during term time at the Royal Opera House, Covent Garden, with additional and extended sessions around performance opportunities.

Young Voices: 10:00–12:00 (September–Easter)  
 Youth Opera Company: 13:00–16:00

**Current members say:**

“YOC is really special because I’ve met lots of other young people who like singing, like me. I’ve also loved performing on the Royal Opera main stage in The Magic Flute and in Hansel and Gretel.”  
 — 2026 Youth Opera Company member

Find out more and apply here: [RBO Youth Opera Programmes](#)  
 Applications close at midnight on Sunday 10 May. If you have any questions, or run into any issues completing the application form, please do get in touch at [youthopera@roh.org.uk](mailto:youthopera@roh.org.uk).

# ALDERSBROOK COMMUNITY DAY



Did you know that by the time your child finishes Year 6, they'll have spent over 7,800 hours at school, run across the playground more than 5,000 times, used the school toilets over 4,000 times, and sat in classrooms for nearly half of their childhood lives.

That's why it's so important that their school is the best it can possibly be and we can only make it happen together.



## SUN 10<sup>TH</sup> MAY 11AM - 3PM

ALDERSBROOK PRIMARY SCHOOL



FREE DRINKS & HOT DOGS



**St Gabriel's Church Aldersbrook Invites You To Join Us...**

**Saturday 9th May 2026**

**Messy Church**

# Refresh!

**All Ages Welcome!**

**Arts & Crafts 2-3.20**  
**Story & Singing 3.20-3.30**  
**Food & Fellowship 3.30-4**

Free, small donations are welcomed



**KIDS' FUN RUN**

Aldersbrook Primary School PTA

**16/05/2026 11AM - 1PM**

**Location:** Wanstead Flats & Aldersbrook Primary School

**£5 to Sign Up On Eventbrite**

**GET SPONSORED & RAISE MONEY FOR THE SCHOOL**

Medals for every runner! Plus food & drinks in the playground