

THE FRIDAY POST



**ALDERSBROOK
PRIMARY SCHOOL**
Let's learn together.



This week, pupils have been celebrating Earth Day along with schools up and down the country.



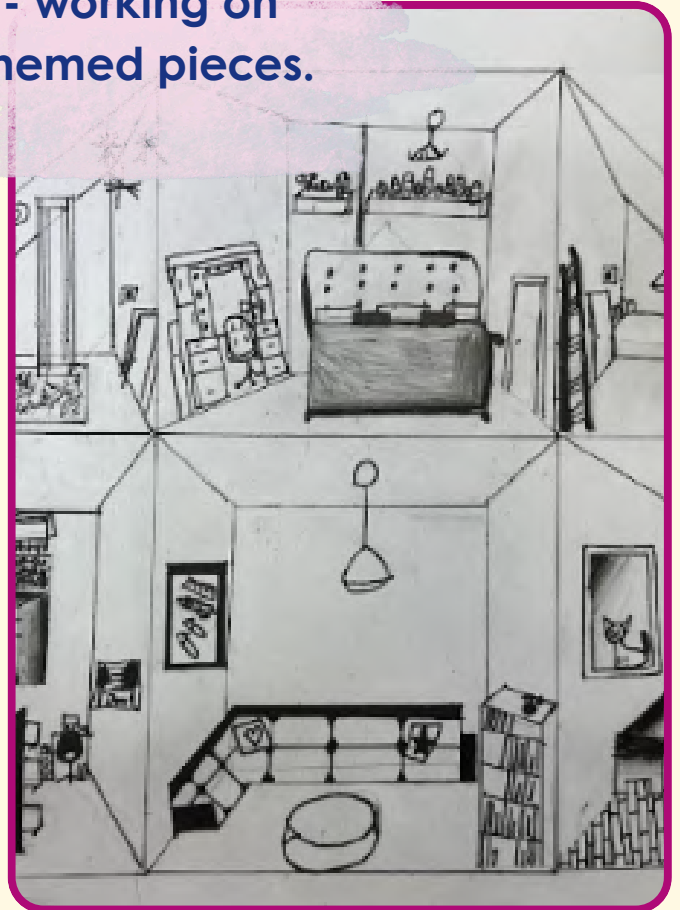
From VR experiences, to learning through song, and restarting forest school, the week has been all about celebrating our wonderful planet!

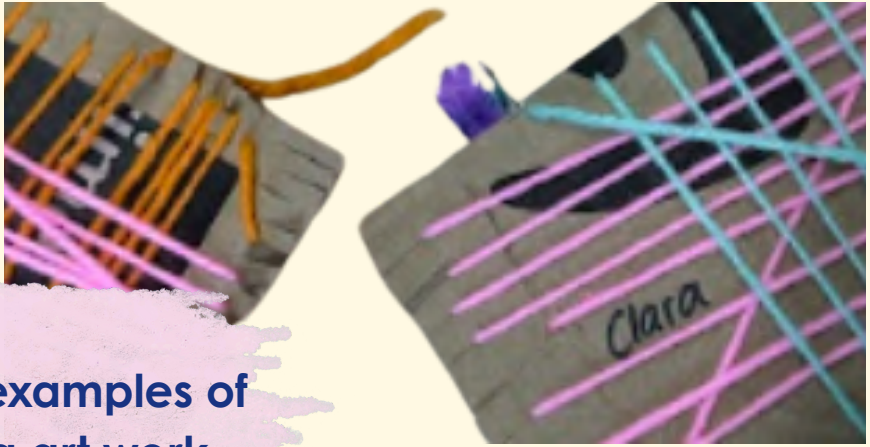


The day was full of so much hands-on learning, we even got shout outs from the BBC - twice! Look out in next week's newsletter for more Earth Day updates!

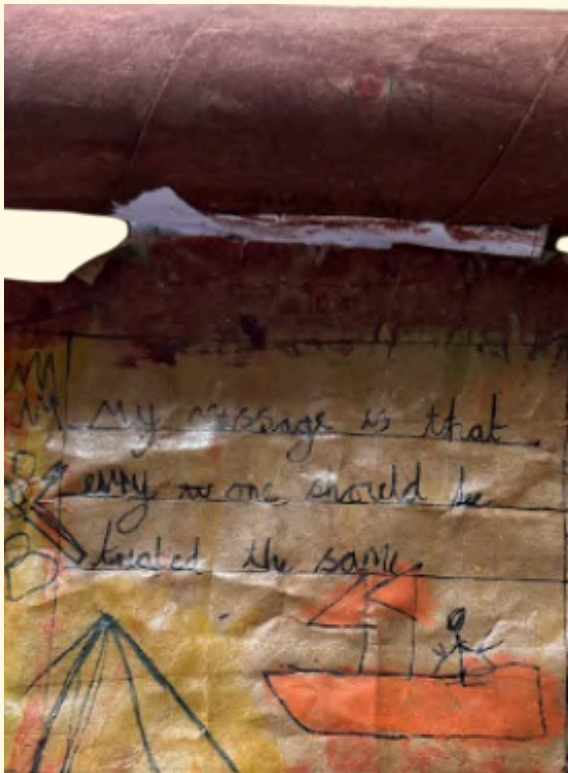


Last week, pupils were able to take part in art lessons every day - working on belonging-themed pieces.





Here are a few examples of the incredible art work developed this year!





**Afternoon Tea Celebrations
for pupils who
demonstrated role model
behaviour last half term!**



Sporting Success

Well done to our Year 5 and 6 football squad, who finished as runners up in the 7 a side Redbridge School Sports Collective Football League. The team showed excellent teamwork, determination and sportsmanship throughout the competition, and we are very proud of their efforts.

We also want to congratulate all the children who took part in the Redbridge School Sports Collective Spring Run at Fairlop Waters. It was a fantastic event, and we were delighted to achieve six top 25 finishes across the races. This is a great reflection of the pupils' effort, determination and positive attitude.

A brilliant set of achievements and a real sense of joy and community in sport. Well done to everyone involved.



Message from Headteacher:

This term has begun with a real sense of energy and a celebration of learning. I want to say a huge thank you to our teaching community for their commitment, creativity and care in bringing learning to life. From Mr Manan's Earth Day to Mrs Pottwail's Art Week to Mrs Eley's French Trip and Ms Mason's leadership of 3KC's joy filled assembly to name just a few of many examples, I feel very proud of our team and the care, creativity and thought that they bring to our school.



A common question recently has been about mixing class groups. At Aldersbrook Primary we mix groups across phases, with Reception into Year 1, Year 2 into Year 3 and Year 4 into Year 5. Phase Leaders will work with class teachers to organise these groups and we will share details next half term when class teachers for next year are confirmed.

We have already had over 150 sign ups for Curiosity Shop, which is wonderful to see. These sessions will remain open until next Thursday and I am looking forward to seeing the curiosity and enthusiasm they inspire.

There is one more week to complete [our family survey](#). This includes questions on our vision and values as well as a section on smartphone use. I encourage all families to take part and thank you for the feedback you continue to share as we work together to strengthen our community and support ongoing improvements.

Finally, I want to give a special shout out to our EYFS Lead, Aysha Sharif, who will be attending an awards ceremony this weekend. Aysha has been shortlisted in an exceptional category for Middle Leader of the Year, recognising leaders from across the county.

It is fantastic to see a member of our school community recognised at such a significant level. We are incredibly proud of Aysha and her team and will be cheering her on.

You're Invited!



ALDERSBROOK
PRIMARY SCHOOL

SCHOOL SPORTS DAY 2026

Wednesday 1st July 2026

Location: Wanstead Flats

Schedule:

Reception: 9:15 AM – 10:00 AM

Year 1 & 2: 10:15 AM – 11:00 AM

Year 3 & 4: 11:15 AM – 12:15 PM

Year 5 & 6: 1:45 PM – 2:45 PM

Special Events:

• Parents Tug of War

• Parents Race

In addition to our Reception and KS1 Sports Day, we're delighted to welcome back the brilliant Mini Athletics team, who will be running a special sports morning just for our nursery pupils. Following the huge success of their previous visit during our careers-focused learning last half term, we're excited to bring this popular experience back by popular demand.

Nursery Sports Day - Friday 3rd July 2026

Timings for each class are as follows:

Bumblebee Class: 9:15–10:15

Tiger Class: 10:30–11:30

We're sure it will be a fun-filled and energetic morning for all involved!

Families are warmly invited to come along to their children's sports days to cheer on the effort, join in the fun, and enjoy a fantastic morning of sport and community spirit. We're really looking forward to seeing you there!

Community Notices

Aldersbrook and Lake House Local History Night


7th May 2026, 7-9pm at St Gabriel's Church Aldersbrook

Including talks from Jane Skelding, Mark Gorman and Peter Williams about Winston Churchill and the labourers who built the features of Wanstead Flats - Stalls from Local history societies - Refreshments for sale

Tickets £7 for adults, under 18s are free.

Doors will open at 6.30 and talks will begin at 7pm.

Tickets available in advance at bit.ly/stghistory

Friends of  All proceeds in aid of the Friends of St Gabriel's hall refurbishment fund.

FRIENDS OF VALENTINES MANSION Children's Writing Competition 2026

Open to all year 5 & 6 children in Redbridge



Write a letter as if you lived long ago for your chance to WIN!

Imagine you are a child in the 1800s visiting Valentines Mansion for the first time. Write a letter to your best friend describing your day - what did you eat, play or discover? Or send a thank you letter to the family who lived here!

1ST PRIZE: £60

2ND PRIZE: £40

3RD PRIZE: £20

FUN FACT!

In the 1800s children wrote letters with quill pens dipped in ink!

Scan here for more fun facts and tips!

Closing date extended to May 31st



www.valentines.org.uk

Valentines Road, Ilford, IG1 4XA

VISION REDBRIDGE CULTURE & LEISURE

Get Creative, Get Confident, IMPROVISE!

Boom! Get Creative & Confident!" – Thursday 14th May @ 7.30pm
Venue: St Gabriel's Church Hall, Aldersbrook Road, E12 5HH

Come to a lively and engaging 100-minute improvisation workshop designed to build creativity, confidence, and communication skills in a relaxed and supportive environment

This session offers a practical, hands-on introduction to improvisation through a series of accessible exercises and group activities. You will explore spontaneity, develop your ability to think on your feet, and discover how creativity can be unlocked through simple, structured play. It is suitable for adults of all ages (18–80), with no previous experience required. Whether you are curious about trying something new, looking to build confidence, or simply interested in meeting people in your local community, this session provides an inclusive space to do so.

led by experienced improvisation teacher Dave Bourn, the session balances enjoyment with meaningful skill development. Dave has over 20 years' experience teaching improvisation across universities, drama schools, and professional organisations.

All proceeds support the church building—an opportunity to contribute locally while taking part in a creative and rewarding experience.

EMAIL info@sproutideas.co.uk FOR MORE INFO OR SCAN QR CODE TO BOOK

Come and learn the basic principles of improvisation
No script – Just fun, games, creativity, and life skills



Online Course

strengthening families strengthening communities

For parents and other adult carers; group starting on Tuesday 19 May at 7:30pm

Want to get some new ideas to help you be the best parent you can be?
Enhance your relationship with your children?
Learning at a time that suits you?



What to expect...

- Information on strategies and child development.
- Hear from other parents.
- Worksheets and hand-outs.
- Videos, quizzes and fun activities.
- Do sessions at a time that works for you.
- Expert help from a real person each week.
- Choose a course that suits your child's age.

Topics covered...

- Healthy relationships.
- Understanding and managing behaviour.
- Enhancing children's self-esteem.
- Emotions and empathy.
- What to expect for the age of your child.
- Being part of a community.

Group discussion...

- Speak to a course expert and get answers to any questions you might have.
- Talk about how the strategies are going at home and how to adjust them for you.
- Address other difficulties relating to parenting.
- Hear from others about what works for them.



Find out more or register for the course by scanning the QR code or emailing us at: sfscparent@racefound.org.uk

BARCLAYS

BIG TENNIS
WEEKEND LTA

GIVE TENNIS A GO

Free open day with taster coaching and have-a-hit sessions. All ages & levels welcome.

Special discounted adult membership available.

Saturday 16th May

12:00-16:30

Aldersbrook Lawn Tennis Club

Blakehall Crescent



BOOK NOW

Book your free place

Search 'Barclays Big Tennis Weekends'

