

THE FRIDAY POST



READY, RESPECTFUL, SAFE, CURIOUS, INDEPENDENT, CONFIDENT, INVOLVED

Year 3 had an energetic PE lesson this week with a visiting dance specialist from Forest School Dance. She taught new moves, including some floor work, and the children threw themselves into the session with focus and enthusiasm. Pupils showed great teamwork and confidence, encouraging one another while trying out new movements and expressing themselves through dance. The lesson helped develop coordination, creativity, and self-belief, and many children said how much fun they had and how proud they felt. A big thank you to Forest School Dance for such an inspiring session - we cannot wait to see her back next week and for the rest of this half term... watch out for those moves! Continuing with the theme of movement, a number of pupils were able to participate in a local ten-pin bowling day this week. A big thank you to RSSC and Panathlon for organising a fantastic bowling event for our children. Everyone thoroughly enjoyed the experience and had a wonderful time. Pictured right you can also see our teachers developing their skills with Mrs McDermott, Miss Javaid and Miss Taylor at a Poetry and Oracy workshop last Friday. The team attending this CPD will be training Aldersbrook staff later this academic year!



Meeting our SEND Team!



In December, our SENCO, Miss Newman returned to work following her maternity leave. Miss Newman has loved getting to see pupils and families again. As SENCO one key role is supporting and guiding teachers to enact inclusive strategies, for example, adaptive teaching to meet our diverse students' needs

This week, Miss Newman held training for all teaching and cover staff on IEP Writing. IEPs should focus on up to three or four key short-term SMART targets for pupils on our SEN register. In part of Miss Newman's role of growing an ever-inclusive culture, she is developing our wider SEND knowledge and bringing two more experts to the team who are taking part in the National Professional Qualification for SENCOs.

My name is Carly Harlow. Having taught for twenty years, I joined Aldersbrook three years ago as a member of the SEND team. At that time, I was studying with the British Dyslexia Association to become a Specialist Advisory Teacher in Specific Learning Difficulties.

With personal experience of dyslexia, I know the importance of early recognition and diagnosis. Aldersbrook has made



significant efforts to create a dyslexic-friendly environment that benefits all learners. For instance, all presentation materials throughout the school use dyslexic-friendly font, have pastel coloured backgrounds, and avoid overcrowding with text. I am fortunate to work with our incredible Learning Support Assistants, who work with learners who have cognition and learning needs. Aldersbrook implement a variety of interventions that are tailored to individual needs, whether in small groups or one-on-one sessions. One effective intervention that we use is Precision Teaching, focusing on common exception words, which greatly enhances learners' confidence and fluency in reading.



My name is Jennifer Bales, and I am the class teacher in 1B. I have been part of the Aldersbrook team for over nine years and am very excited to now be joining the SEND team. I am deeply passionate about ensuring that all children achieve well at school and enjoy their learning.

I am particularly keen to further utilise my background in child neuropsychology, alongside my learning from studying for the SENCO qualification, as part of my work with the SEND team.

I strongly believe that an inclusive environment benefits all children, and I am eager to collaborate with Mrs Harlow and Miss Newman to support this across the school.

Friday 6th February 08:30 - 09:30

LGBT+ Family

Breakfast and Coffee Morning

We warmly invite all LGBT+ families, rainbow families, and allies in our school community to join us for a relaxed, welcoming breakfast.

This is a chance to:

- Meet other LGBT+ families
- Share food and conversation
- Celebrate LGBT+ History Month

Pupils are welcome to attend with family members up until 08:50. We will then have some time for family members only to share, discuss, listen and reflect together.

At Aldersbrook Primary School, we spend a great deal of time helping children discover who they are, their interests, strengths, values and passions. One powerful way to support this journey is by gently introducing them to the wide and wonderful world of work.

On the week beginning March 9th 2026, we are celebrating careers! This will be an opportunity for children to explore, ask questions and be inspired by the many different paths adults take through life and work. At this age, careers education is not about making choices or feeling pressure about the future. Instead, it is about: sparking curiosity, widening horizons and challenging stereotypes.

To make this week truly meaningful at Aldersbrook, we are hoping to involve families and our wider school community. Careers weeks work best when children hear authentic stories from real people, and our community holds a wealth of experience across many fields. At this stage, we are simply exploring interest and availability. There is absolutely no expectation to prepare anything elaborate. Enthusiasm, openness and a willingness to talk to children at their level is more than enough. If you feel you might be interested in being involved, please let our Admin Team know and we will be in touch!



ALDERSBROOK
PRIMARY SCHOOL

Sweet & Savoury

TREATS SALE

CAKES, SAMOSAS, CHAI, PAKORAS,
HOT CHOCOLATE, CHAAT...

AT PICK UP, KS1 PLAYGROUND

WEDNESDAY

JANUARY 28

Come and support the
year 6 leavers fund





An introduction to **FiND**

Families Information Direct (FiND) is a 'one stop' information and advice service for parents, carers, children, young people and people who work with families in Redbridge.

FiND can provide you with information and advice on a wide range of issues that impact on your family's life. We know that children don't come with an instruction manual and that most families need guidance and support (from time to time), as they experience the rewards and challenges of bringing up children.

If you have a question about services for your family or you want to find out more about FiND, please call us on **0800 587 7500** or **020 8708 8920**, email find@redbridge.gov.uk or go to our website: find.redbridge.gov.uk Redbridge Find redbridgefind



THE FRIDAY POST BACK PAGE

ALL THE LATEST SPORTS NEWS FROM ALDERSBROOK PRIMARY SCHOOL

PE days - week commencing 26 January 2026

Monday	Tuesday	Wednesday	Thursday	Friday
5C, 2G, 2H	3B, 3KC, 1B	4R, RR	6G, 6I	1S, 4T

Aldersbrook Primary School is proud to announce that it has received the Equal Access School Award, recognising the school's commitment to improving opportunities for girls' football and promoting equality in sport. The award highlights the school's dedication to ensuring that girls have the same access, encouragement, and opportunities to take part in football as boys. Through inclusive planning, positive role models, and a strong focus on participation, Aldersbrook Primary continues to create an environment where all pupils can enjoy and benefit from sport.

A special thank you goes to our PE Lead, Mr Hussain, whose campaigning and dedication played a key role in achieving this award and promoting equality in sport. This achievement reflects Aldersbrook Primary School's wider values of fairness, inclusion, and empowerment, and motivates us to continue developing sporting opportunities for all pupils.

