

# THE FRIDAY POST



**READY, RESPECTFUL, SAFE, CURIOUS, INDEPENDENT, CONFIDENT, INVOLVED**

This week marked a really special occasion. Mr Palmer and I were delighted to celebrate our inaugural Afternoon Tea – a new element of our recently revised behaviour policy. This initiative places a strong emphasis on recognising pupils who go above and beyond in demonstrating our values and sustaining exemplary behaviour throughout Half Term 2. These pupils not only modelled positive behaviour in their own learning but also led the way for others, having a positive impact on the learning environment around them. By the end of each academic year, over 100 pupils will be celebrated for these achievements, making it particularly special to host our very first celebration. This change to our behaviour routines, with a renewed focus on celebrating positive behaviours through memorable experiences, was directly influenced by pupil and staff feedback gathered during the autumn term. Many children noticed the beautifully decorated hall and spoke about how special the occasion felt. We are incredibly proud of all the certificate recipients from this first celebration and look forward to recognising our next set of class and school role models in February. - Krisha Gandhi, Headteacher.



**THIS HALF TERM, WITH LOTS OF OPPORTUNITIES TAKING PLACE, WE HAVE A FEW CHANGES TO PE DAYS. NEXT WEEKS Y1-Y6 PE DAYS ARE:**

### YEAR 1

1B – FOREST SCHOOL ON TUESDAY  
1O – PE ON TUESDAY  
1S – PE ON TUESDAY

### YEAR 2

2K – FOREST SCHOOL ON MONDAY  
2G – PE ON FRIDAY  
2H – PE ON MONDAY

### YEAR 3

3B – PE ON TUESDAY  
3M – PE ON MONDAY  
3KC – FOREST SCHOOL ON TUESDAY

### YEAR 4

4S – PE ON TUESDAY (CHANGE FROM LAST WEEK)  
4R – PE ON WEDNESDAY  
4T – FOREST SCHOOL ON WEDNESDAY

### YEAR 5

5C – PE ON MONDAY, SWIMMING ON WEDNESDAY  
5H – PE ON MONDAY, SWIMMING ON WEDNESDAY  
5J – FOREST SCHOOL ON MONDAY, SWIMMING ON WEDNESDAY

### YEAR 6

6B – PE ON THURSDAY  
6I – FOREST SCHOOL ON THURSDAY  
6G – PE ON THURSDAY

## Exciting Music News at Our School! 🎵

We are thrilled to share that our school has been awarded the Music Mark of Recognition for Ambition & Quality! This prestigious award comes from Music Mark, the UK Association for Music Education, in partnership with Redbridge Music Service. Music Mark celebrates and supports schools that place a high value on music education, ensuring that all children and young people have access to high-quality musical experiences. We would like to thank our staff, students, and families for all their hard work in supporting this vision. Your commitment helps us deliver outstanding musical and social outcomes for our children.

In other music news, 3B have been learning the violin throughout the Autumn term. This week, they proudly performed for their adults, showcasing everything they have learnt. During their lessons, the children have mastered:

- The names of the violin strings
- How to hold the violin correctly
- How to play three to four different songs

Well done to 3B and all our students for your dedication and enthusiasm for music!



This week, our pupils were delighted to welcome a guest speaker from East London Humanists, who led an engaging assembly about humanist values. Children learned what it means to be a humanist and how people can live happy, meaningful lives through kindness, curiosity and respect for others. A key focus of the assembly was the Golden Rule – treating others the way you would like to be treated.

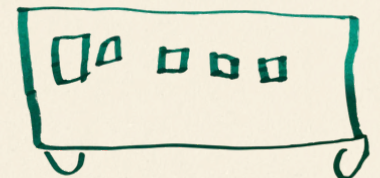


Through discussion and real-life examples, pupils reflected on how everyday actions such as being friendly, sharing and showing empathy can make a positive difference within our school community. The children asked thoughtful questions and showed genuine interest in learning about different beliefs and viewpoints. This was a valuable opportunity to support our RE and PSHE learning, helping pupils develop understanding, respect and positive values for life.

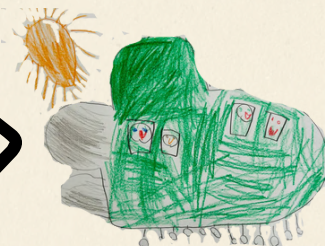
### Road Safety

We would like to remind all Aldersbrook families of the importance of keeping our children safe around the Ingatestone Road and Northumberland Road junction, particularly at the end of the school day. We have received reports of some near-misses involving children crossing this area after school, including children on bikes and on foot. This junction can become very busy, and reversing, turning, stopping on double yellow lines, or idling vehicles significantly increases the risk to children and families. We kindly ask all drivers to:

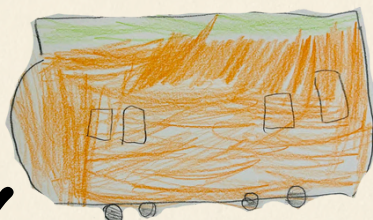
- Avoid stopping or parking on double yellow lines
- Refrain from turning or reversing at the junction
- Be extra vigilant for children crossing during pick-up times
- Switch off engines rather than idling, where possible



We appreciate that mornings and afternoons can be rushed but our children's safety must always come first. Even small changes in driving behaviour can make a big difference. Together, we can help ensure a safer environment for everyone.



BEAUTIFUL CAR ART WORK  
DEVELOPED BY EYFS -  
JAN 2026



### A message from our local Councillor Emma Shepherd-Mallinson

We are keen to hear from parents and carers about any concerns they have regarding parking / traffic during the school run. One area that has been highlighted is the Northumberland Avenue / Ingatestone Road junction. We have raised this issue with council officers to investigate possible options. Please do contact your local councillors with any similar issues you want to raise. ~Thank you, Cllr Emma Shepherd-Mallinson.

Emma.Shepherd-Mallinson@redbridge.gov.uk  
Shelia.Bain@redbridge.gov.uk



### MULTI-SPORTS FESTIVAL

Thank you to Redbridge School Sports Collective for organising the girls' multi-sports festival. The children had a fantastic opportunity to try a range of new sports, including boxing, kurling, badminton, rowing and roundnet. Events like this are invaluable in helping to build confidence and encourage greater participation in sports.



# DRIVE SAFELY

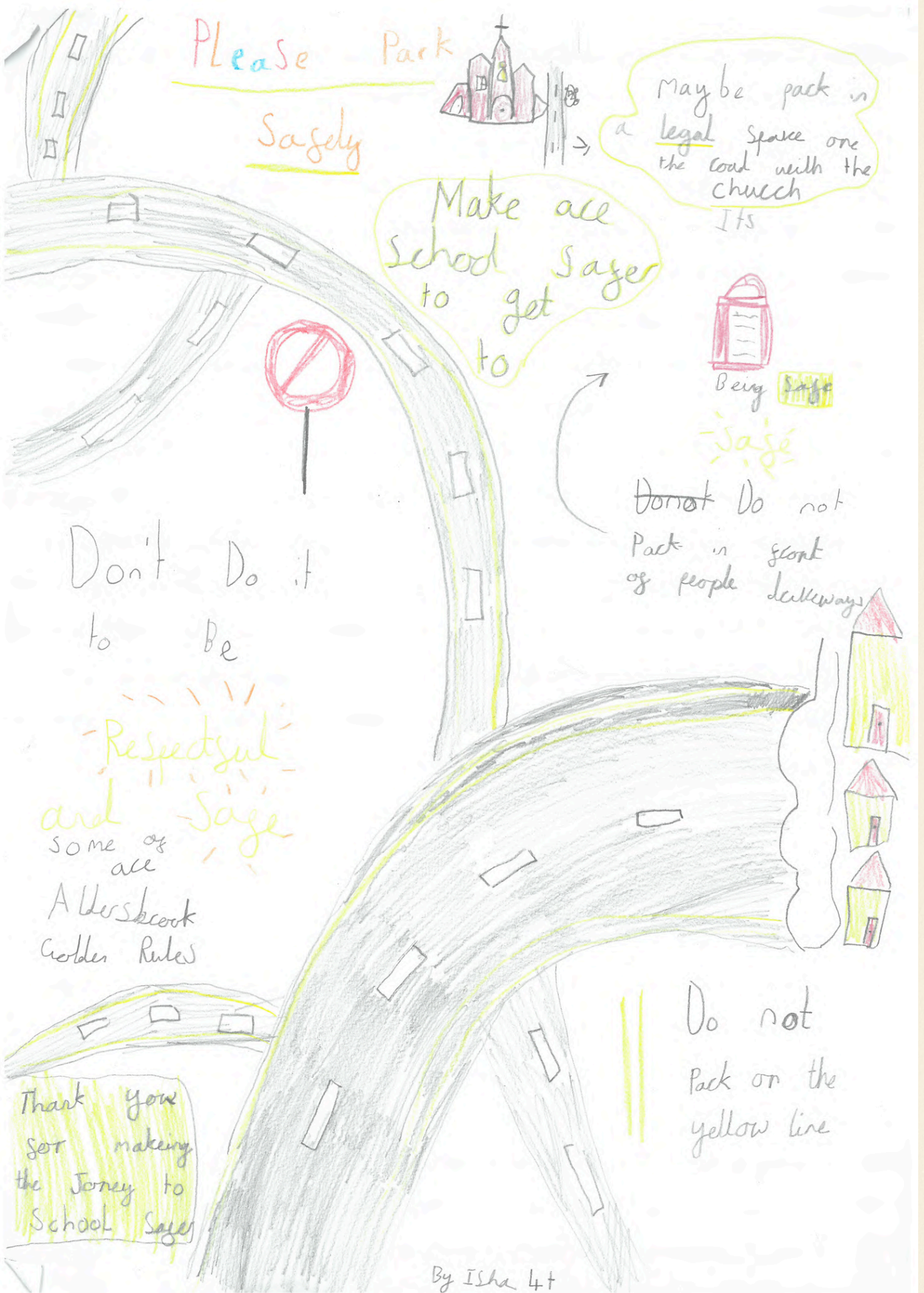
Driving safely ensures everyone is safe and no one is in danger.



Not driving carefully puts you and others in danger!

# SAFE DRIVING

by Martha H



Please Park

Sagarly



Maybe park in a legal space one the road with the church  
Its

Make all school Sagarly to get to



Being Sagarly

Sagarly

Don't Do not Park in front of people doorways

Don't Do it to Be

Respectful and Sagarly  
Some of all

Aldersbrook Golden Rules

Thank you for making the Journey to School Sagarly

Do not Park on the yellow line

By Isha 4+

ALDERSBROOK  
PRIMARY SCHOOL

# Sweet & Savoury

## TREATS SALE

CAKES, SAMOSAS, CHAI, PAKORAS,  
HOT CHOCOLATE, CHAAT...

AT PICK UP, KS1 PLAYGROUND

# WEDNESDAY

# JANUARY 28

Come and support the  
year 6 leavers fund

