

THE FRIDAY POST



Introducing Our New School Parliament

This week marks a very exciting moment for Aldersbrook as we welcomed our brand-new School Parliament. On Thursday, I had the pleasure of meeting with most of our School Parliament MPs, and, for those who weren't in school on Thursday, I look forward to meeting them next week.

It was fantastic to hear about the plans and visions our young parliamentarians have for the future of our school. Together, we explored a wide range of important topics, everything from after-school clubs and playground developments, to learning, behaviour, and well-being. I was struck not only by their short-term ideas but also by their long-term aspirations to make a real difference for both their classes and the whole school community. Each year group brought thoughtful and creative insights to the table:

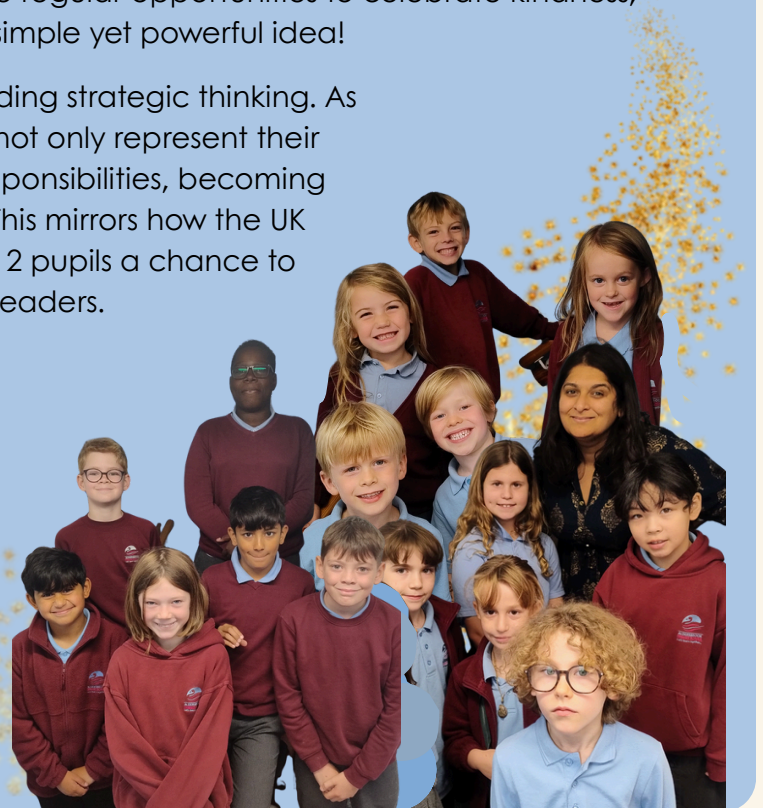
Years 3–4: Joni, Freya, Mia, Aria, Eli, and Martha shared some brilliant suggestions, from organising more after-school parties and celebrations, such as a school disco, to exploring ways of expanding our clubs offer. Their enthusiasm for building a fun and inclusive school culture was inspiring.

Years 1–2: These younger parliamentarians reflected on the success of TeamSTOP in their classrooms and spoke passionately about how much they enjoy being recognised on the recognition board. What really impressed me was their wish for more regular opportunities to celebrate kindness, effort, and achievement throughout the day. A simple yet powerful idea!

Years 5–6: Our oldest MPs demonstrated outstanding strategic thinking. As they step into leadership roles, we will see them not only represent their class constituencies but also take on broader responsibilities, becoming ministers for education, health, and well-being. This mirrors how the UK Parliament works and gives our Upper Key Stage 2 pupils a chance to develop the skills and experiences of real-world leaders.

I left the meetings feeling inspired and energised. Our School Parliament is filled with fantastic leaders, not only of today, but of the future too. I am excited to see how they will continue to challenge me and the whole staff team to make Aldersbrook the very best it can be, not just in our eyes but in the eyes of our children as well.

Here's to an exciting year ahead with our new School Parliament!



READY, RESPECTFUL, SAFE, CURIOUS, INDEPENDENT, CONFIDENT, INVOLVED**Hello from our new Vice Chair of Governors**

Hi! I'm Ola. I was elected as a parent governor three years ago and as of this term I'm the vice-chair of the governing body. Our family has been part of the APS community for a while, my eldest has just moved on to Wanstead High after completing Reception to Year 6 at APS, and my youngest is currently in Year 5. They've both really enjoyed their time at APS especially school traditions such as sports day and camping as well as PTA events like the discos and 5p race.

One of the best things about being a governor is hearing about all the achievements of the pupils and the school, be it in sport, SATs results, or hearing stories of individual children who've overcome personal challenges. It was also a pleasure to be involved, alongside several other governors, in the appointment of Mrs Gandhi. We're sure her talents are going to be a great match for the values and goals of our wonderful school.

There will be elections for new parent governors at the end of this school year. If any parents are curious about what it's like to be a governor, I'm usually in the back playground at pick-up and happy to have a chat.

This year, I hope we can all keep working together to make APS a place where all children feel happy, safe, and encouraged to do their best.




APS Pianists Wanted!

We're seeking enthusiastic and confident pianists from Years 4, 5, and 6 to perform during assemblies. If this sounds like something you would love to join in with, please could you complete the Google form below, including your name, class, and current piano grade. We look forward to hearing from you!

Click [here](#) to register your interest by Thursday 8th October 2025.

School Photos

We have our school photographer coming to school on 7 and 8 October to take individual and sibling photos of the children. Proofs of these will be sent home with your child before half term.

Please send your child(ren) in to school in full uniform on both days. If your child has PE on one of those days, please send their PE kit in a bag on their PE day.

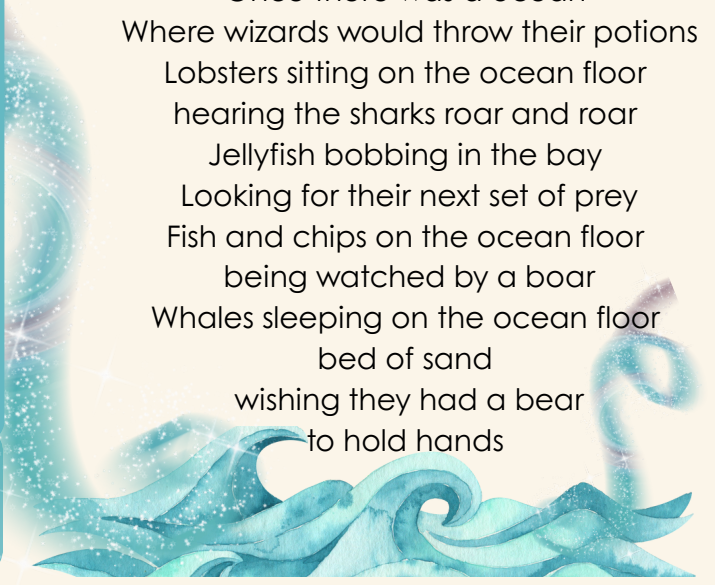




UNDER THE OCEAN



Once there was a ocean
 Where wizards would throw their potions
 Lobsters sitting on the ocean floor
 hearing the sharks roar and roar
 Jellyfish bobbing in the bay
 Looking for their next set of prey
 Fish and chips on the ocean floor
 being watched by a boar
 Whales sleeping on the ocean floor
 bed of sand
 wishing they had a bear
 to hold hands



Summer Rae and Oskar (5J) wrote a wonderful ocean-themed poem for national poetry day!

Update on Drills

To help keep our school community safe, we hold regular safety drills throughout the year so that students know what to do in an emergency. Our first fire drill will be a fire drill on Tuesday 7th October. We ask for especially strong attendance on this day as it is vital that every child has the opportunity to practise this important routine. We are sharing the date in advance so you can talk it through with your child if you wish. Further drills will take place at different points during the year, though families will not always be notified of the exact dates ahead of time.

Non-Uniform Days

This year we will keep to a maximum of two non-uniform days per half-term linked to celebration or awareness events. These are open to all children from **Nursery to Year 6**, with **optional** themed colours or items so everyone can take part, even if they don't have the suggested element. Football tops are welcome on all non-uniform days except during non-uniform day in Diversity Week.

This half-term's non-uniform dates are:

- Thursday 10th October – yellow encouraged for World Mental Health Day
- Thursday 17th October – red encouraged for Show Racism the Red Card.

Half Term 2 non-uniform dates will be shared soon!

Thank You to Our Incredible Families and the PTA Committee

I want to take a moment to say a huge thank you to the entire Aldersbrook Primary School community for being so warm and welcoming during my first month as Head Teacher. It has been a joy to get to know pupils, staff, parents, and carers, and I already feel very much at home here. A special thank you also to all the parents who've stopped me at the gates with questions, suggestions, or stories. These conversations have been invaluable in helping me get to know our community and understand what's on our families' minds.

This morning I had the pleasure of meeting with Noel and Jack from the PTA, and it was immediately clear to me just how brilliant a PTA we have at Aldersbrook. The level of commitment, energy, and generosity shown by both the committee members and the wider families who support PTA events is truly inspiring. What really strikes me is not only the funds raised but also the time, effort, and spirit of volunteering that go into each initiative. These contributions make a huge difference in enriching the opportunities and experiences we are able to offer our children. I honestly think our PTA is one of the very special things that makes our school such a wonderful place to be.





Check out Reception's
beautiful Autumn outdoor art



It was a real privilege for Mrs Gandhi to visit the Vicarage and the Church to meet with Father Martyn and the recently ordained Amy. We had the opportunity to learn more about the very special history of the relationship between our school and the Church, and we are so grateful for all that the Church does to support us. Throughout the year, the Church generously provides space for our productions and our much-loved carol concert, helping us to make these occasions so memorable for our community. It was also lovely to walk around the area with Father Martyn and to hear more about the exciting things happening at the Church, including an up-and-coming LEGO opportunity (details can be found in the flyer below).

We look forward to continuing to grow this wonderful partnership together in the months and years ahead.

LEGO

ALL
AGES
WELCOME!



STAY
AND
PLAY!

Brick building fun for all ages!

Refreshments served

£2 per group, no need to book - just turn up!

Duplo and Mega Bloks available for toddlers

Under 18s to be accompanied by an adult please

in

ST GABRIELS CHURCH, ALDERSBROOK

12 ALDERSBROOK ROAD

LONDON E12 5HH

CHURCH

NEXT LEGO IN CHURCH

12th October 2025

2-4PM

ALL WELCOME!