









**MEAT FREE**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>WEEK 1</b>	Falafel Burger & Wedges <b>V</b>	Moroccan Tagine & Couscous <b>PB</b>	Japanese Veggie Noodles <b>PB</b>	Margherita Pizza & Wedges <b>V</b>	Quorn Chilli Fajita <b>V</b>
	Chicken Burger & Wedges <b>H</b> 	Chicken Fajitas with Mexican Rice <b>H</b> 	Roast Chicken served with Crispy Potatoes, Yorkshire Pudding & Gravy <b>H</b>	Tomato & Basil Pasta Bake with Garlic Bread <b>V</b>	Fish Fingers & Chips <b>F</b>
	Cajun Sweet Potato Wrap <b>PB</b>	Sweet Chilli Tuna Melt <b>V</b>	Indian Chicken Rice Bowl <b>H</b> 	Wedges Reloaded- Sweetcorn Salsa <b>PB</b>	Vegan Cheese & Onion Wedges <b>PB</b>
	Asian Greens & Broccoli	Roasted Med. Veggies & Spiced Cauliflower	Carrots & Greens	Sweetcorn & Winter Slaw	Peas & Baked Beans
	Fruit	Fruit	Fruit	Fruit	Peach & Cherry Cobbler with Custard
<b>WEEK 2</b>	Butterbean Bubble & Squeak <b>PB</b>	Macaroni Cheese <b>V</b> 	Veggie Rice & Flat Bread <b>V</b>	Margherita Pizza & Wedges <b>V</b>	Thai Red Vegetable Curry <b>PB</b>
	Chicken Sausage & Mash with Gravy <b>H</b> 	Greek Style Chicken Pasta Bake & Focaccia <b>H</b>	Roast Chicken served with Crispy Potatoes, Yorkshire Pudding & Gravy <b>H</b>	Sweetcorn Pizza & Wedges <b>V</b>	Battered Fish & Chips <b>F</b>
	Veggie Sloppy Joe Melt <b>V</b>	Chicken Tikka Wrap <b>H</b>	Wraptastic – Falafel & Tzatziki <b>V</b>	Wedges Reloaded- Vegetable Chilli <b>PB</b>	Black Bean Vegetable Rice Bowl <b>PB</b>
	Carrots & Peas	Sweetcorn & Roasted Med. Veggies	Cauliflower & Green Cabbage	Roasted Med. Veggies & Cauliflower	Peas & Baked Beans
	Fruit	Fruit	Fruit	Fruit	Apple & Banana Muffins
<b>WEEK 3</b>	Sweet Potato Curry with Rice <b>PB</b>	Veggie Chilli with Rice <b>PB</b>	Veg & Sage Onion Crumble, Roast Potatoes <b>V</b>	 Margherita Pizza & Wedges <b>V</b>	Cheese & Onion Quiche with Chips <b>V</b>
	Chicken Katsu Burger <b>H</b>	Chicken & Veggie Pie with Mash <b>H</b>	Roast Chicken served with Crispy Potatoes, Yorkshire Pudding & Gravy <b>H</b>	Mushroom Carbonara with Wedges <b>V</b>	Fish Fingers & Chips <b>F</b> 
	Indian Vegetable Rice Bowl <b>PB</b>	 Chinese Chicken Rice Bowl <b>H</b>	Quorn & Feta Hot Dog <b>V</b>	Korean BBQ Aubergine Sub <b>PB</b>	Lemon & Garlic Chicken Gyro <b>H</b>
	Vegetable Medley & Greens	Broccoli & Carrots	Green Cabbage & Cauliflower	Sweetcorn & Roasted Med. Veggies	Peas & Baked Beans
	Fruit	Fruit	Fruit	Fruit	Chocolate Rice Crispie Cake

**Available Daily:** Milk, Salad Bar, Fresh Bread, Fresh Fruit & Yoghurt

**Menu Key:** **PB** Plant Based | **F** Fish | **V** Vegetarian | **H** Halal version available

**Look out for Chef's Special Jacket Potato & Sandwiches**

**Week 1** w/c 4 Nov, 25 Nov, 16 Dec, 6 Jan, 27 Jan, 17 Feb, 10 Mar, 31 Mar  
**Week 2** w/c 11 Nov, 2 Dec, 23 Dec, 13 Jan, 3 Feb, 24 Feb, 17 Mar  
**Week 3** w/c 18 Nov, 9 Dec, 30 Dec, 20 Jan, 10 Feb, 3 Mar, 24 Mar

