

ALDERSBROOK NEWS



Friday 10th May 2024

Message to Year 6 families...

SATS help the Government measure and monitor schools. They also provide experience of tests and exams that we face later on in life. SATS can help build resilience and support refinement of skills and knowledge, including how to revise and how to practice. That's what SATS tell us.

What SATS don't tell us is how artistic you are, how sporty you are or musical or theatrical. They don't tell us how kind and patient you are, how brilliant you are at making things or working out how to fix something. They don't tell us how skilled you are using technology.

We know you are more than SATS tell us. You are more than a test score. Just do your best, try hard, remember the knowledge in your brain and be your usual awesome self!

You've got this!



Congratulations to Samah who recently took a LAMDA Grade 2 Acting exam and achieved a Distinction with a score of 99 (out of 100). Also to Cleo and Marcea who also achieved Distinction in their exams. We are so proud of you!

Congratulations Mr Fletcher!



Mr Fletcher, otherwise known as Alan, has been nominated for a Redbridge Education Award and he has got through as a finalist!!!

A small group of us will be attending the awards ceremony held at Fairlop Waters at the end of May. Alan is an example of the community spirit we try to create at Aldersbrook. Through his dressing up, high fives and jolly welcome at the gates, he ensures the children have a positive start to their day.

Alan has worked at Aldersbrook for five years now and is a vital cog that makes the Aldersbrook family blend together.

Well done Alan on reaching the final!

WHAT WE HAVE BEEN DOING AT ALDERSBROOK...



STorytime in Nursery



Using money in real life



Life Skills



Electric investigations



DT in Year 3



Outdoor Maths



Warming up in Violins



Year 2 PE



Lunchtime tea with the Headteacher



@ Aldersbrook!

My name is Mr
Hussain and I am
the subject leader
for PE.



Physical Education (PE) at Aldersbrook is an excellent way to enhance a child's overall development. PE teaches children intellectual skills, assists them in navigating complex social situations, and fosters their emotional development in addition to building physical skills.

Throughout the school, pupils learn how to move in order to become more physically competent, as well as how moving can assist them in learning new skills and understandings that are not related to physical exercise, such as teamwork. PE lessons are well thought out to support all children and adaptations are made where appropriate, so that all children can participate.

Topics in PE are repeated and revisited throughout the curriculum. In EYFS and Years 1 & 2 children learn the fundamental skills that various sports are built upon, such as throwing and catching, fielding and space. From there they focus on specific sports such as Tag Rugby, football and gymnastics. In Year 5 children also get taught swimming at a local pool.

The National Curriculum also states that PE should include Outdoor Adventurous Activity and so Forest School sessions ensure that every year group experiences this.

For more information visit the school website or come and speak to me. [Link here](#)

In addition our school takes part in various sport competitions. We have taken part in girls and boys football, tennis and next week we are attending a cricket tournament.

At lunchtimes we have expanded the range of activity that children can choose from and we have plans to expand our before and after school activity offer.



What a wonderful morning the Bike Day was! Thank you so much to everyone who cycled or scootered or ran alongside the bike buses. We had volunteers from London cycling Campaign, Ride for their Lives and other climate campaign groups. All the marshals on the bike buses were volunteers- one even came down from Newcastle especially for the event!

Huge thank you to local bike businesses too including Ben at Fully Charged and Matthew for doing repairs and organising the croissant donation from the local community.

Everyone was amazed by the number of cyclists we had!

If you'd like to do some more family cycling below is information from Redbridge Cycling.

www.redbridgecycling.org

Our next three rides are:

Sunday 12th May to Fairlop – 10 miles. This will be a family ride starting at the Wanstead Park Tea Hut at 11.30 and returning before 15.00.

Booking: <https://lcc.org.uk/events/family-ride-to-fairlop-waters/>

Sunday 26th May to the City for Freecycle – 20 miles round trip to Central London. For this ride we leave Ilford and Wanstead Station at 09.00 and Wanstead Park at around 09.30. Once in Central London it is up to you how much you explore the traffic free streets with the thousands of other cyclists present on that day. If you do the full circuit, it may add another 10 miles to your journey. You can choose your start point on the day.

<https://lcc.org.uk/events/redbridge-to-cen...on-for-freecycle/> You are then free to start from any of the points that suit you best

Sunday 9th June to Richmond – 50 miles. We leave Wanstead Park Tea Hut at 09.00 and will have lunch in Richmond. It is possible return by train at this point on the Overground or District line. Most of us I am sure will return on our bikes to make it a 50-mile round trip. Bring your own refreshments if you would prefer not to have to buy food at the café.

Booking: <https://lcc.org.uk/events/wanstead-park-to-richmond-and-back/> Numbers are strictly limited on this ride. If it is full, email us and you will be put on a waiting list.





What: For the first year, our school is taking part in the National Gallery's Take One Picture Competition.

In order to raise much needed funds for art resources, we are inviting parents to come to view our submissions with some Ottolenghi-style food and a drink.

When: Friday 14th June from 7pm

Where: Aldersbrook Primary School

Tickets £15 – includes buffet and 1 drink. (Paid bar on site)

[Click here for tickets!](#)



COMMUNITY MAKEOVER DAY

Sunday 12th May
12pm - 4pm

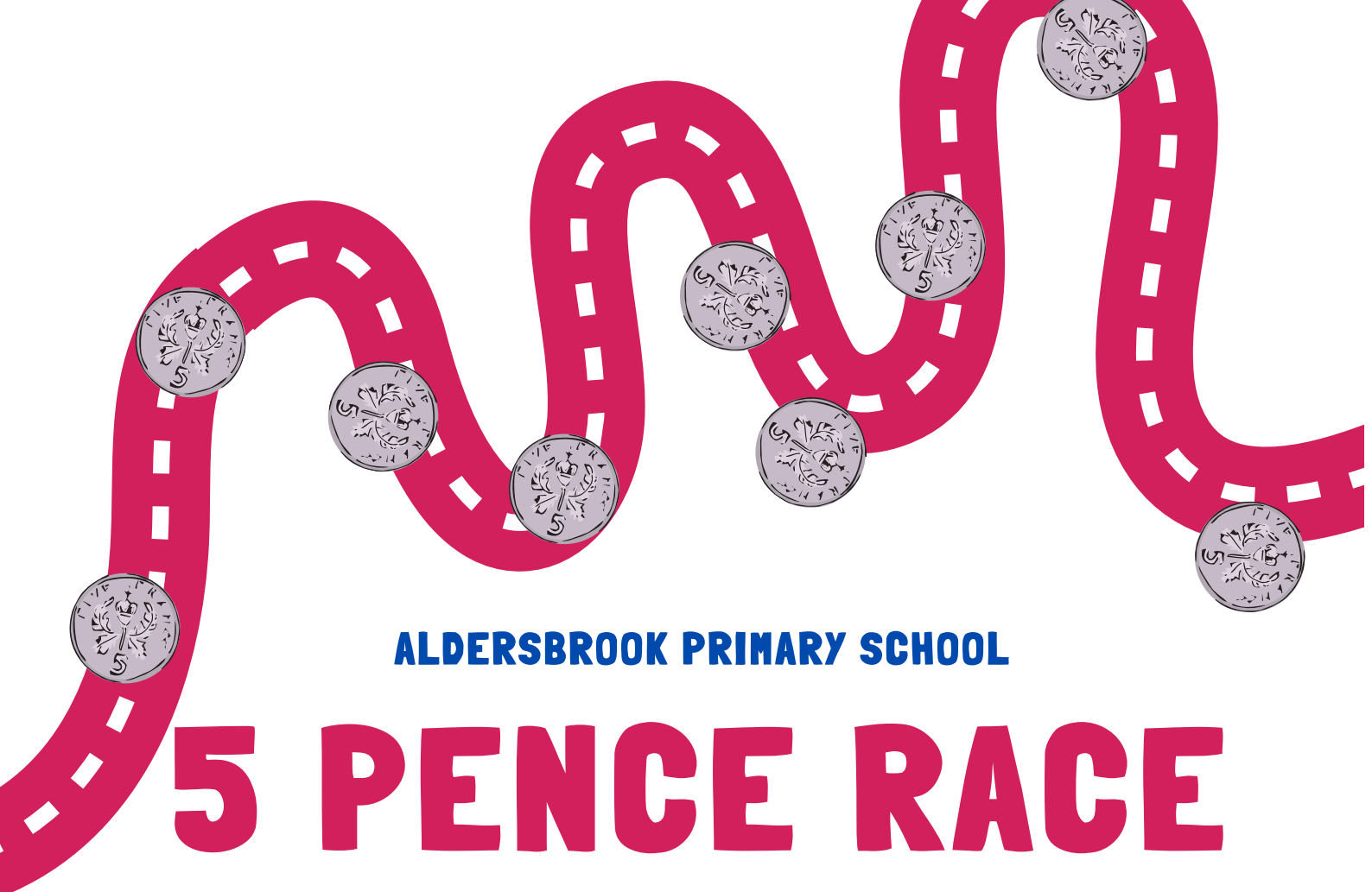
LOOKING AFTER OUR SCHOOL TOGETHER



HELP US REPAIR AND IMPROVE OUR SCHOOL
ENVIRONMENT!

ALL FAMILIES AND CHILDREN WELCOME.
LIGHT REFRESHMENTS PROVIDED.





ALDERSBROOK PRIMARY SCHOOL

5 PENCE RACE

**EACH CLASS CREATES A LINE OF 5P COINS...
LONGEST LINE WINS!**

FRIDAY 24TH MAY

The event takes place during the school day; please send your child with as many 5 pence coins as you can cobble together on teh day

Check down the back of the sofa, old pockets, raid the kids' piggy banks to help your child's class win the hottest contest of the school year!

CAKE SALE!

17th May

7th June

Y6 parents
get baking!

Delicious Bake Sale!

Please help support our Y6 leavers
fundraising cakes sales on **17th May**
and **7th June**. Cakes 50p each.

Information for Year 5 Parents

The 11 plus exam for 2025 entrance will be held on Friday 20 September 2024 – this is the second year they are testing on a weekday as last year was a success, children who sit the test will be given an authorised absence from school.

Registration opened on 1 May and will close at 5pm on 15 June 2024 – this is a strict deadline. It is not possible to register before or after these dates. The registration period is shorter this month, please be aware!

Parents must register their child when they are in Year 5 during the above registration dates on the following link, children will sit this exam when they are in Year 6.

The test is based on a child's natural ability (meaning There is no demand that a child must be tutored for this test) and there is also no fee for a child to sit this test, it is free!

For more information and where to register follow this link: [here](#)

Redbridge Mental Health Support Team presents...

PARENT AND CARER WEEK: CHILDREN'S WELLBEING WEBINARS

Your monthly parenting digest. Hear from mental health professionals about how to promote your child's emotional health and wellbeing.

**REGISTER
NOW!**

SUPPORTING A CHILD WHO IS ANXIOUS TO ATTEND SCHOOL

Many children worry about school from time to time. Sometimes a child's worries may lead to difficulties attending school. If your child has anxiety about attending school, then this webinar is for you.

TUES 21.05.24 7-8PM

TRANSITION TO SECONDARY SCHOOL

Making the transition to secondary school can feel exciting and daunting at the same time. Join our webinar to learn practical strategies for supporting your child during this time.

WED 05.06.24 7-8PM

PROMOTING POSITIVE BEHAVIOUR: PRIMARY-AGED CHILDREN

Testing boundaries is a normal part of child development. Learn to enhance your child's emotional regulation and promote positive behaviour through play, boundary-setting, and clear expectations.

THU 20.06.24 7-8PM

**SCAN
ME!**



FOR MORE INFORMATION & TO SIGN UP

CLICK HERE,

VISIT WWW.REDBRIDGE.GOV.UK AND SEARCH 'MHST'

OR GO TO LINKTR.EE/REDBRIDGEMHST



ALDERSBROOK JUMBLE TRAIL

15TH JUNE 2024
11AM - 5PM



SIGN UP INFO COMING SOON!
FOR QUESTIONS MESSAGE;
MISSGALE.JUMBLE@YAHOO.COM

Theatre Club & Theatre Tots



Theatre Tots (pre-school)
Saturday 9.30-10.10am
Theatre Club (5-12s)
10:15am - 12:15pm

LAMDA
12.30-1.30pm

Little Actors Theatre
offers drama and musical
theatre workshops led
by professional actors.

50% low income discounts and FREE places for children from unwaged families.

Venue: Wanstead House, 21 The Green, E11 2NT

For more information:

www.littleactorstheatre.com 07385 849864

mail@littleactorstheatre.com



Registered Charity 1155249



Bradley Co

**WANSTEAD
CRICKET CLUB**

**Girls Cricket
Free Taster
Session**

THURSDAY 16TH MAY
5-6PM YEARS 3, 4 AND 5
6-7PM YEARS 6, 7 AND 8

SESSIONS TAKE PLACE AT OVERTON DRIVE

MAKE FRIENDS AND HAVE FUN
NO EQUIPMENT NEEDED
COME AND GIVE A TRY!

Contact Helen on
07487578091

CELEBRATING 100 YEARS OF
WANSTEAD HIGH SCHOOL

Centenary Ball

BROUGHT TO YOU BY WHS PTA,
IN ASSOCIATION WITH **Assemble**
Media Group

15 JUNE | 6.30 PM

DRINK ON ARRIVAL
3 COURSE DINNER FROM THE
REAR WINDOW RESTAURANT
LIVE BAND - THE NIGHTSHIRT
DISCO TILL LATE
AUCTION & DELUXE RAFFLE
SPECIAL GUESTS & MUCH MORE
EARLY BIRD PRICE £40

VENUE: ETON MAJOR RUGBY
CLUB, WANSTEAD E11 2JA

PTA
Registered Charity 277767
info@ptawansteadhigh.co.uk