

# ALDERSBROOK NEWS

Friday 15th March 2024

## World Book Day 2024!



Reading is so important! Do not forget you can always borrow books from our phone box!

**Do you want a new reading  
adventure?  
The Book Fair will be  
available today until Tuesday  
19th March.**





# Look what we have been learning at Aldersbrook?



**POETRY WORKSHOP**



**GIRLS INTO FOOTBALL**



**MOTHERS DAY CARDS FROM EYFS**



**SEWING TIES**



**PEDESTRIAN SAFETY TRAINING**



**BALANCING IN PE**



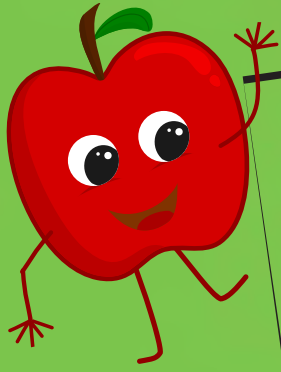
# STEM week

(Science, Technology, Engineering and Maths)





# Notices



**EYFS AND KS1 CHILDREN RECEIVE  
A PIECE OF FRUIT EACH DAY AS A  
SNACK IN THE MORNING. IF YOU  
HAVE BEEN SENDING IN AN EXTRA  
SNACK THANK YOU FOR MAKING  
THEM A HEALTHY OPTION.  
A REMINDER THAT WE ARE A NUT  
FREE SCHOOL AND ANY TREATS  
SUCH AS CHOCOLATE SHOULD  
NOT BE USED AS A SNACK.**



## **Want to discuss school dinners with the catering company ISS?**

I have organised a date for ISS, who deliver our catering contract, to meet with parents so you can ask them questions, express opinions and share ideas. They are very open to having this meeting and I would welcome as many parents as possible to attend.

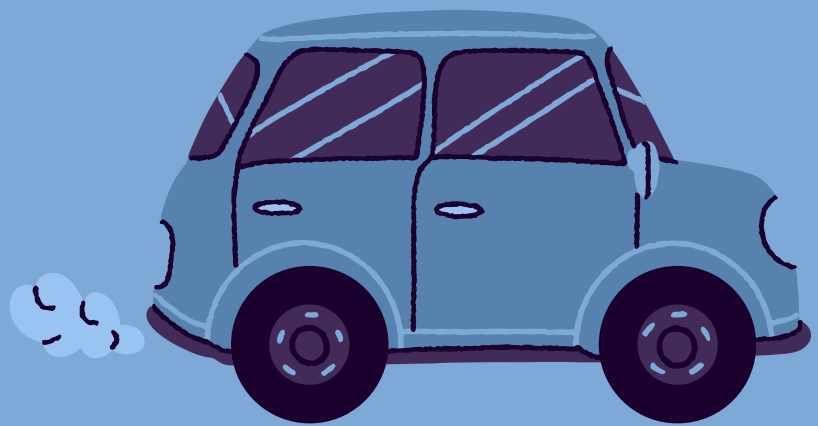
**Date: 27th March**

**Time: 9.30am**

**Where: KS2 Hall**



Please remember to switch off your car engines when waiting outside the school. Idling engines are actually against the law, additionally we need to ensure we are respecting our neighbours.

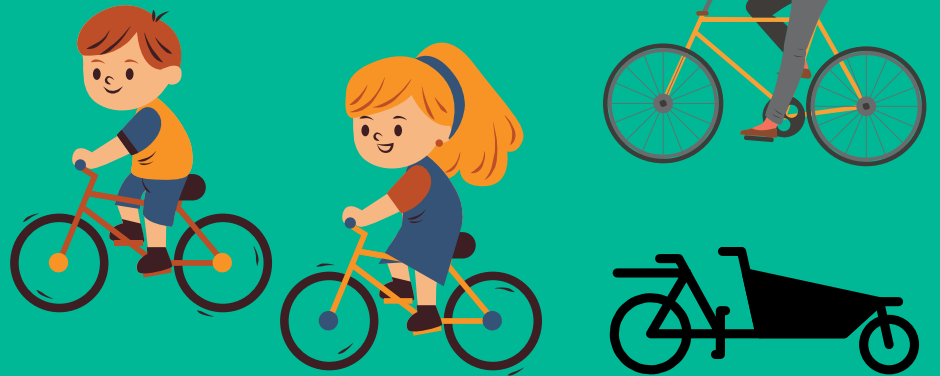


Also remember that the streets around the school are Safer Streets. While this means vehicles are restricted they are not completely banned. Please ensure children, whether walking or on bikes, are aware that vehicles may drive down the roads surrounding the school.

# BIKE (BICI) BUS

Cycle, scoot  
or run with  
your children  
to school in a  
group with  
fellow  
parents, and  
support  
others to do  
the same. Tea  
provided!

# LONDONS CHILDREN LOVE CYCLING



LONDON  
CYCLING  
CAMPAIGN



**FRIDAY  
MORNING  
26 APRIL**



## RIDE FOR THEIR LIVES



more info

SHOW UP ON THE DAY  
OR CONTACT

ADMIN.ALDERSBROOK@REDBRIDGE.GOV.UK  
MARK@CLIMATEACCEPTANCESTUDIOS.COM

Please feel free to come to either the KS1 or/and the KS2 Maths workshop. It does not matter the age of your child. You might even want to come to both of them!

# KS1 MATHS

## Parent Workshop

Hosted by: Miss Crouch & Mrs Hart (KS1 Phase Leader)

Date: Tuesday 19th March

Time: 8:30am - 9am

Location: KS1 Hall



Supporting your child with the concrete, pictorial and abstract approach in Maths

# ALL WELCOME



# KS2 MATHS

## Parent Workshop

Hosted by: Mrs Mahmood (Maths Lead) &  
Mr Griffin (UKS2 Phase Leader)

Date: Thursday 21st March

Time: 8:30am - 9am

Location: KS1 Hall



Supporting your  
child with the  
formal written  
methods





**What can you find  
on our website?**  
**Click on the words to take  
you straight to that page!**

**KEY DATES**

**SAFEGUARDING  
THROUGH THE  
CURRICULUM**

**PODCASTS**

**PUPIL PREMIUM**

**WHAT WE ARE  
LEARNING**

**PUPIL  
LEADERSHIP**

**FOREST SCHOOL**



# REDBRIDGE EASTER HOLIDAY FUN

London Borough of  
Redbridge

**APRIL  
2nd to 5th  
2024**

Free activities ✓  
New skills ✓  
Free meals ✓  
New friends ✓

IS YOUR CHILD  
IN RECEPTION TO  
YEAR 11 AND IN  
RECEIPT OF BENEFIT RELATED  
FREE SCHOOL MEALS?

Enjoy sports,  
arts & crafts,  
drama, cooking  
and MUCH MORE!



SCAN ME  
TO BOOK

TO BOOK YOUR PLACE - SCAN THIS QR CODE, VISIT  
[HTTPS://FIND.REDBRIDGE.GOV.UK/HAF](https://find.redbridge.gov.uk/haf)  
OR EMAIL [HAF@REDBRIDGE.GOV.UK](mailto:haf@redbridge.gov.uk)

Funded by  
Department  
for Education

Come and Join...  
**St Gabriel's Children's Choir**



Join us on Sundays for our next series of fun sessions. Open to ages 6+ (£1 per rehearsal)

Rehearsal Dates: 10<sup>th</sup> (11.30-12pm) 17<sup>th</sup> & 24<sup>th</sup> March (11.30-12.15pm)

Performance - Easter Day Service - Sunday 31<sup>st</sup> March 10am

For more information or to book a place, call or email Fr Martyn:  
07743 785884 [stgabrielsvicar@icloud.com](mailto:stgabrielsvicar@icloud.com)



## Motherly Love Emotional Wellbeing Antenatal Course



Focusing on your emotional  
wellbeing, empowering you to  
prioritise your needs alongside  
those of your baby's.



Facilitated by a qualified  
BACP counsellor and  
psychotherapist and former  
NHS peer support specialist.

10 week course, from 30th April,  
7.30pm - 9pm, at Wanstead  
Works, E11 2RJ  
[www.wearemotherlylove.co.uk](http://www.wearemotherlylove.co.uk)

## MAKE ME AN ART STAR

### SPROUTING WINGS

HOLIDAY ART CLUB

[www.makemeanartstar.com](http://www.makemeanartstar.com)

3rd & 4th April 2024

BOOK FOR EITHER DAY OR BOTH  
New Art Work made each day

09:30am - 3:00pm

£40 per child per day

Wanstead Cricket Club, E11 2LW

School Years 1-6

LIMITED SPACES AVAILABLE

Any further enquires to - [makemeanartstar@gmail.com](mailto:makemeanartstar@gmail.com)  
DBS Checked, Safe Guarding & First Aid trained



07902512465 – 07745148789 - [CONTACT@UMAKSKARATE.COM](mailto:CONTACT@UMAKSKARATE.COM)

## KARATE AT ALDERSBROOK

WE RUN A KARATE CLUB AT ALDERSBROOK PRIMARY SCHOOL EVERY FRIDAY AFTER SCHOOL UNTIL 5:00PM.

KARATE IS FOR YEAR 1 AND UP. DURING SOME LESSONS WE ALSO TEACH JIU-JITSU AND KOBUDO.

OUR INSTRUCTORS ARE ALL FULLY QUALIFIED, INSURED, HAVE ENHANCED DBS CHECKS AND FIRST AID TRAINING.

COSTS: FOR THE FIRST TWO TASTER LESSONS, THE FEE IS £20, TO SEE IF YOUR CHILD LIKES KARATE AND WANTS TO JOIN.

IF YOU DO WANT TO CONTINUE, THE FEE IS £85 PER HALF TERM TO BE PAID AT THE START OF EACH HALF TERM.

THE FOLLOWING IS INCLUDED IN THIS TERMLY FEE:

AFTER SCHOOL LESSONS\* - YEARLY LICENCE RENEWAL - GRADINGS (NEW BELTS)

KARATE SUIT – SYLLABUS - INSURANCE - CERTIFICATES – HAND PADS

\*AFTER SCHOOL LESSONS ARE DURING TERM TIME ONLY WHEN THE SCHOOL ALLOWS. IF THE SCHOOL CANCELS A CLASS FOR ANY REASON, WE CANNOT OFFER A REFUND OR REPLACEMENT LESSON.

IF YOU WOULD LIKE FOR YOUR CHILD TO START KARATE:

PLEASE FILL IN THE BOTTOM SECTION OF THIS FORM, SAVE IT AND SEND THE FILE TO [CONTACT@UMAKSKARATE.COM](mailto:CONTACT@UMAKSKARATE.COM)

OR TAKE A PHOTO/SCREENSHOT OF THAT FILLED IN SECTION AND SEND IT TO WHATSAPP +447745148789

IF YOU ARE UNABLE TO FILL OUT THIS DOCUMENT DIGITALLY, PRINT IT OFF, FILL IT IN BY HAND AND SEND A PHOTO OR SCAN COPY TO THE WHATSAPP NUMBER OR EMAIL ADDRESS PROVIDED ABOVE. OR JUST TEXT US THE REQUIRED INFORMATION.

YOU WILL THEN BE CONTACTED BY US, INFORMED WHEN YOUR CHILD CAN START, AND GIVEN PAYMENT DETAILS FOR THE FIRST TWO LESSONS.

SPACES ARE LIMITED, SO IF OVERSUBSCRIBED, WE WILL HOLD A WAITING LIST. KEEP THIS LETTER FOR FUTURE REFERENCE.

IMPORTANT: DO NOT SEND YOUR CHILD TO THE LESSON UNLESS WE HAVE CONFIRMED YOUR SPACE

KARATE COVERS THE FOLLOWING KEY AREAS:

FITNESS, DISCIPLINE, CONFIDENCE, RESPECT, SELF-CONTROL, SELF-DEFENSE, FUN AND MANY MORE.

ANY MORE QUERIES? PLEASE FEEL FREE TO TEXT OR WHATSAPP 07745148789