

Congratulations to our attendance cup winners!

RR 97.1% 2G 97% 5B 99%

Dear Parents & Carers,

To start this week I would like to say a huge CONGRATULATIONS to the school choir who performed at **The Royal Albert Hall** on Monday as part of the **Redbridge Choral Festival**. It was a wonderful night and amazing to see the choir perform in such a world-renowned venue. They did the school proud and we would obviously like to thank Mrs Henry, Mrs Gibson, Ms Kaur and Ms Ballard for their hard work to get the children ready, make banners and singing like angels!!



Thank you for an amazing turn-out for parents' evening. A whopping 97% of parents & carers

were able to attend the meetings to discuss their child's learning and successes. The school/home/child relationship & trust is crucial to your child's success and feeling of safety in the school. If you missed this opportunity but would like to speak to your child's class teacher, please contact the school office of one of us on the gate each morning.

The PTA are busy organising some amazing vents over the coming weeks (Quiz Night/ Break The Rules Day/ Vinyl Night/ 5p Race etc. We really need your support for these events– all of the 'best' things at Aldersbrook have been funded by the PTA and without your support these wouldn't be possible. Please come along to any events you can– they are also great fun! See over for more details.

Finally you will be aware that the school has been inundated with visitors over the last term, to help get the school ready for a potential Ofsted visit. Developing the whole child and making learning curious and fun is always our main aim– but we cannot deny that we want our Ofsted inspection to be a positive experience and to reflect the hard work of all of the staff & wider community here. A lot of parents have asked how they can help; at this stage the biggest thing that parents & carers can do is to go to the Ofsted ParentView site and complete the really brief survey. As you can imagine, this is often done when someone is disgruntled and the happy majority often stay silent. Please help us by giving any positive comments that you can if you feel the school does a good job of preparing your child for their future. If your child feels safe & happy to come to school, let them know that!

The link is: <https://parentview.ofsted.gov.uk/>

A final thank you to all who have been so patient & understanding of the recent teacher strikes. We know this has been an interruption but an important time to reflect on the power of education & importance of educators.

Have a wonderful weekend!

Mr Hughes and Ms Crouch

Friday 17 March Red Nose Day

Thursday 24 March 830am coffee morning with Safeguarding focus

Friday 24 March Break the Rules Day

Thursday 30 March Year 3 Kew Gardens visit

Friday 31st March: last day of school before Easter & cake sale in KS1 playground after school

Monday 3 April to Friday 14 April Easter holiday

Monday 17 to Friday 24 April Big Walk and Wheel

Wednesday 26 April anti bullying workshops in school

Thursday 27 April Vision & Hearing checks for Reception

Thursday 27 April 830am coffee morning with Early Reading focus

Friday 28 April PTA cake sale in KS1 playground after school

Monday 1 May May Day Bank Holiday

Our Value of the month is...



PTA Events Coming Up

A quick push for last minutes tickets for some wonderful events coming up to raise money for the school:

- * Friday 24th March **Break The Rules Day**. See note attached to this email for your rule breaking choices!
- * Friday 24th March **PTA&A Night**. A fantastic quiz night– can you beat the teachers!!?? A few tickets left for a team of six..get involved and don't be shown up by the teachers!!
- * Thursday 4th May **Winyl Night**– the concept is simple...come along with your favourite tunes on vinyl (or listen to Mr Hughes play Whitney Houston all night) and have a few wines (or non-alcoholic beverages) while you play games with friends around a table! DJ Hughes & Gibson will be spinning the decks and dancing is definitely on the cards!
- * Friday 5th May **Spring Disco** for the pupils. More details to come closer to the time.
- * Saturday 20th May **Community Makeover Day**. I know what you're thinking, but everyone who comes along to this community event has a great time and it is a wonderful way to show the children how important it is to 'give back' and get involved! Plus there are usually hotdogs and coffee so it's a win win! Put the date in your diary and bring your garden tools, gloves & wellies along for a lovely community day. Even 30 minutes would be great!
- * Giving notice....start saving up your 5P coins...the **5p Race** is coming up on Friday 26th May so start saving!

HANDBALL CHAMPIONS!

Well done to our fantastic handball team for winning the Red-bridge Educational Partnership tournament with 100% record. We played 8 games, won all 8 including the final, defeating Cleveland 7 -2.

In other news..

Good luck to our football team who will be representing Leyton Orient FC in the regionals finals of the EFL Kids Cup for a chance to play at Wembley Stadium.

Also good luck to our netball and girls football team, who will representing Team Redbridge in this years London Youth Games Spring finals. All three tournaments will be played on 23/3/23.



Homework Feedback

Thank to you the families that gave us feedback on the homework at the recent Parents' Evening. The results are in!! Out of 65 responses....

- ⇒ 16% think it is too much
- ⇒ 19% think it is not enough
- ⇒ 65% said it was JUST RIGHT

What you like:

- ◆ Online content
- ◆ Homework Club
- ◆ The topics are interesting & linked to what we learn in school

What you didn't like:

- * No more posters!!!
- * A bit more challenge

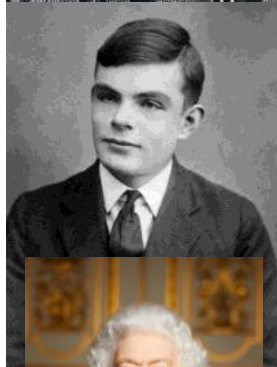


Big Walk and Wheel - 17th April- Friday 21st April

Get set... we're hosting a Big Walk and Wheel challenge. Sustrans Big Walk and Wheel is the UK's largest inter-school cycling, walking, wheeling and scooting challenge. The challenge for us at Aldersbrook will run from 17th April- Friday 21st April. It's free and we would love everyone to be involved. During the week children will learn about the importance of active journeys (where possible) and the benefits this can on their communities and health.

What do you need to do?

Encourage your child (ren) to take active journeys (walk, cycle or scoot) to school on as many days as possible during the event, and join them on their way.



The Big Question

Every other term the whole school looks at a '**Big Question**' together.

After Easter we will all be thinking about '**Can One Person Change The World?**'

We would love the whole family to be involved with this discussion. Could you talk to your child over the holidays about one:

- ⇒ One person who has changed your world?
- ⇒ One person that inspires you and the reasons why?
- ⇒ One person who you know has faced hardship for something they believed in but stuck to their guns?

Park Road Arts presents:

FAMILY CONCERT

with world-class musicians from the
Philharmonia Orchestra
classical, pop and film hits

14 May 2023 @ 2PM & 4PM
St Gabriel's Church
12 Aldersbrook Road, London E12 5HH




tickets and
more information

artfamily.eventbrite.com

audience participation, musical drawing, Q&A
listen/imagine/create



FRIDAY 24TH MARCH



PTQ&A QUIZ NIGHT


TEAMS OF UP TO 6 PEOPLE

ENTRY/ TICKETS £5 PER PERSON
BOUGHT IN ADVANCE [HERE](#)

BAR OPENS 7.30pm - QUIZ STARTS 8pm

KS2 HALL AT SCHOOL (ENTER VIA INGATESTONE ROAD)

PRIZE FOR 1ST PLACE TEAM
GAMES AND RAFFLE



aldersbrookpta@gmail.com [@aldersbrookpta](https://www.instagram.com/aldersbrookpta) [@aldersbrookpta](https://www.facebook.com/aldersbrookpta)

ALDERSBROOK PTA AND 'DJ HUGHES' PRESENT

WINYL NIGHT



COME ALONG WITH YOUR VINYL AND
PLAY YOUR FAVOURITE TRACKS

OR

REQUEST YOUR FAVOURITE TRACKS
FROM SOMEONE ELSE'S VINYL...

...WHILST DRINKING WINE!

4 MAY 2023

TICKETS £10 /SOLD HERE | BAR OPENS 7PM | REQUESTS ROLL IN FROM 7.30PM | KS2 HALL

aldersbrookpta@gmail.com [@aldersbrookpta](https://www.instagram.com/aldersbrookpta) [@aldersbrookpta](https://www.facebook.com/aldersbrookpta)

AGE 8-11

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4th & 5th April 2023

9:30am - 3:00pm

£37 per child per day

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Holy Trinity Hall, 185 Hermon Hill,

London, E18 1QQ

School Years 1-6

NEWHAM AND UEL SWIMMING CLUB



Join Our
Swimming Club!

Stage 5 or Equivalent
In Swimming Lessons

Trials Every Wednesday & Friday
at London Aquatics Centre

Contact Head Coach Alastair
at headcoachnsc@gmail.com



Although I'm not their mother
I care for them each day.
I cuddle, sing and read to them
And watch them as they play.

I see each new accomplishment,
Growing and learning over the years.
They proudly show their work to me,
I give the loudest cheers!

No, I'm not their mother,
But my role is just as strong.
I nurture them and keep them safe,
Though maybe not for long.

I know someday the time will come,
When we will have to part.
But I know each child I cared for
Is forever in my heart.

Foster for Redbridge

020 8708 6068

fostering@redbridge.gov.uk

London Borough of
Redbridge



Easter Camps

Monday April 3rd - Friday 14th April

Ages 4-16 years old

Week 1 Monday April 3 - Thursday April 6th

Monday and Wednesday

1.30pm - 4.30 pm

Tuesday and Thursday

9.30am - 12.30pm

Week 2

Monday 10th April - Friday 14th April

1.30pm - 4.30pm

Prices £18 members, Non Members £20 a session.

Non members welcome

For Enquiries and to book please contact Head Coach
James Biggane 07800 876 681

WARREN CLAY CLUB

OVERTON DRIVE, WANSTEAD E11 2LW

Children's Drama Classes

On Fridays after school at
The Quaker Meeting House, Bush Road, Aldersbrook

LAMDA Speaking of Verse and Prose Exam Course

On Tuesdays after school at
Our Lady of Lourdes Parish Centre, Wanstead

6-8 year olds | 4pm

9-11 year olds | 5pm

antoniadoggett.co.uk



I teach
LAMDA
— Exams & Qualifications

What to do if your child is unwell

A guide for parents

NHS

Scarlet fever and invasive Group A strep

Scarlet fever is usually a mild illness. Symptoms include a sore throat, headache, swollen neck glands, and fever, along with a fine, pinkish or red body rash with a sandpapery feel. The rash may be harder to see on darker skin tones but you should be able to feel it. Contact your GP or NHS 111 if you think your child has scarlet fever.

In very rare occasions the bacteria that causes scarlet fever can get into the bloodstream and cause an illness called **invasive Group A strep**. If your child seems seriously unwell contact your GP or call NHS 111. Do this if your child is feeding or eating much less than normal, has a dry nappy for 12 hours or more or seems dehydrated, feels hotter than usual (for a baby under 3 months a temperature of 38°C, for older than 3 months a temperature of 39°C or higher) or is very tired and irritable.

Call 999 or go to A&E if your child is having difficulty breathing, there are pauses when your child breathes, your child's skin, tongue or lips are blue or your child is floppy and will not wake up or stay awake.

Visit www.what0-18.nhs.uk for more information.



What to have in your first aid kit

- Liquid paracetamol or ibuprofen.
- A thermometer – always test your child's temperature before contacting or visiting a health professional.
- Antiseptic cream and plasters.
- Oral rehydration solution suitable for your child's age.
- Your pharmacist can help with all of these.

Newborn babies

Crying

All babies cry. It's their way of letting you know they need changing, are hungry or just need a cuddle. If your baby cries suddenly, they may have colic. Colic is common but is not serious and will lessen over time. Talk to your pharmacist for advice.

If your baby suddenly develops a high pitched cry, contact your GP or call NHS 111.

Wheezing and breathing difficulties

These can be scary but are often nothing to worry about. Illnesses like bronchiolitis, mild croup and a cough can often be treated at home. Panting or rattly breathing is common in babies and can be helped by holding your baby upright. Talk to your health visitor about this. If you are worried contact your GP or call NHS 111.

Rashes and dry skin

It's normal for babies to develop rashes, and problems such as nappy rash can be helped with creams from your local pharmacist. If your baby develops a rash and seems unwell contact your GP or call NHS 111.

Babies and toddlers

Coughs and colds

Coughs and colds are part of normal child development and helps them to build up their immune system. An average child will have between 8-12 viral infections each year.

Most bugs will run their course and your child will get better on their own but you can help them:

- Give your child lots to drink
- Try liquid paracetamol or liquid ibuprofen suitable for children

Talk to your pharmacist about other remedies.

Contact your GP or call NHS 111 if your child's temperature stays above 38°C and cannot be controlled with medication or is unusually unwell.

Ear infection

Ear infections are common in very young children. They often follow a cold and can cause a temperature. They are painful and you may need painkillers from your pharmacist.

Other symptoms include a sore throat, coughing and a high temperature. If the pain becomes more severe or your child has breathing difficulties, contact your GP or call NHS 111.