

# Keeping Children Safe Online



Digital  
Resilience

parentzone | Resilient Families  
The experts in digital family life Programme

**Internet safety has never been more important – and parents need the tools and knowledge to help their children stay safer online.**

You are invited to a **live and interactive online event for parents** – featuring expert advice, videos and chat.

**It's easy to join your *Resilient Families* parent event:**

- Your parent event is on **Wednesday 8<sup>th</sup> December at 5pm**
- Join the session by clicking this link: [meet.google.com/gbk-xrhu-gpf](https://meet.google.com/gbk-xrhu-gpf)
- The session lasts for approximately **45 minutes**
- During the session there will be opportunities to ask questions, join discussions with other parents and share ideas.

If you have any questions about the event, contact **[shamsun.nessa@redbridge.gov.uk](mailto:shamsun.nessa@redbridge.gov.uk)**

We hope to see you there!

