Year 1

Year 4

Year 2

Year 5

Year 3

Year 6

Year 1

Medicines and

People Who Help Us

Curriculum Overview

Drug & Alcohol Education

Lesson 1: Staying Healthy

Lesson 2: Medicines

Lesson 3: Who gives us medicines?

Year 2

Keeping Safe

Lesson 1: Risk

Lesson 2: Hazardous Substances

Lesson 3: Safety Rules

Year 3

**Smoking** 

Lesson 1: Why People Smoke

Lesson 2: Physical Effects of Smoking

Lesson 3: No Smoking

Year 4

Alcohol

Lesson 1: Effects of Alcohol

Lesson 2: Alcohol and Risk

Lesson 3: Limits to Drinking Alcohol

Year 5

Legal and Illegal

Drugs

Lesson 1: Legal and Illegal Drugs

Lesson 2: Attitudes to Drugs

Lesson 3: Peer Pressure

Year 6

Preventing Early

Use

Lesson 1: Cannabis

Lesson 2: VSA and Getting Help

Lesson 3: Help, Advice and Support

